

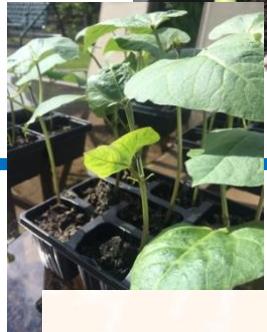
# YEAR 8

## Week 4



### Message from Miss Wood:

Hello Year 8! I hope you are all keeping safe and well! I am so proud of how well you are all getting on. Year 8 have been excellent at keeping on track with work, giving it your best efforts! It has been so nice seeing all the superb work that you have been doing! It is not going unnoticed and I'm very proud of you all. Each week I have had the joys of receiving emails from yourselves and parents, and its times like these that I am extremely grateful to be a part of our All Hallows community. And of course, there is a plant update...as you can see, they are growing nicely! Miss McKillop and Katharine F are joining in on the sunflower competition! Are you?



Taking care of your mental well being

Try something new this week!



This could be trying a new recipe, learn a new skill or activity such as yoga... Here is a link for a beginner's teen yoga session... (you could try it with each other via video call)

<https://www.youtube.com/watch?v=6kJgTouHHeE>



### Prayer of the week

I woke up early one morning and rushed right into the day. I had so much to accomplish I forgot to pray.

Problems tumbled about me and harder came each task.

Why doesn't God help, I wondered?

He said, "You didn't ask."

God be with me in all I do today

Amen

St Oscar Romero

Pray for us



### Home Learning Updates:

Your form tutors have been in touch over the past week via your student email or through Show My Homework - please do respond to let us know how you are getting on. If we don't hear from you, we will call home to check in on how you are doing. ☺  
**Reminder about your tasks on SMH:** Stick to your timetable of 3 lessons a day. These will be '**green**' tasks. Flexi tasks will be **purple** and these are optional tasks. All challenges are optional tasks that you could complete yourself or with family members!

Any confusion or issues at all, remember, just send me an email to [g.wood@allhallows.org.uk](mailto:g.wood@allhallows.org.uk) or message me on SMH in reply to the blog post.

Thank you for all the emails-I received lots of fantastic photos from you all this week with what you have been getting up to! Please keep these coming, either via SMH or email to [g.wood@allhallows.org.uk](mailto:g.wood@allhallows.org.uk) and I will include as many as possible in the blog!



#### Learning Online:

Watch a theatre show online: [www.willowsmusic.com](http://www.willowsmusic.com) to see The Wind in the Willows!

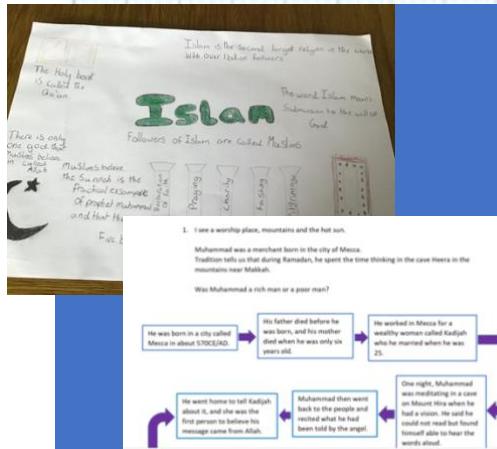
Check out BBC Bitesize/BBC iPlayer for lessons hosted by David Attenborough, Sergio Aguero, Liam Payne & many more.



All Hallows

## Subject Achievements

## Subject: Religious Studies



## Jack's and Maisie's excellent time lines.

## Subject: Science



## Subject: ADT Challenge – Land Art

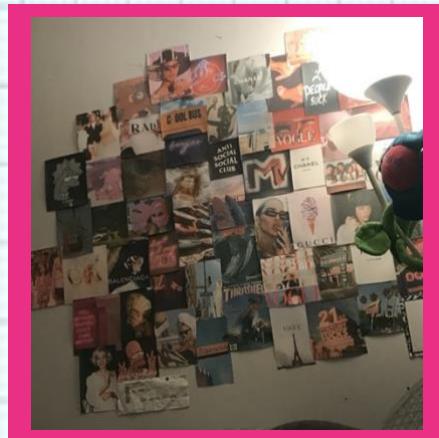
Tomas has been  
experimenting with  
bouncing balls in Science.

## Subject: ADT Challenge – Land Art

**Subject:** Independent



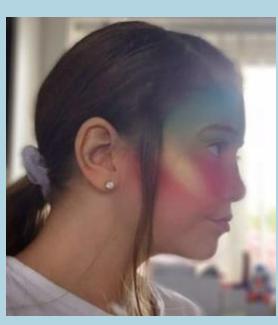
Kohta's creativity is  
going through the roof!  
GREAT work!



# Christina's creative book wall!

## Stars of the Week

To everyone  
who took part  
in the Album  
Cover  
recreation  
challenge...



Sam, Paul & Darcey

AHCC Challenge

Check out the All Hallows Catholic College weekly challenge and have a go!

Please find the challenges on the school website under the 'working from home' link.

If you've managed to complete all or any of the challenge, please email evidence in to: [challengeAHCC@allhallows.org.uk](mailto:challengeAHCC@allhallows.org.uk)



A man has written positive messages on pegs and left them in woodland to give people a lift during the coronavirus outbreak.

## Subject: Independent



Paul's been super busy  
this week making, solving,

Subject: English



Dylan, Orla, Jack and James  
have been creative in  
English making gothic  
monsters!

## Subject: Independent Cooking



Very impressive with Dante's baking skills who has successfully made his own pizza dough!

# LOOKING AFTER YOURSELVES

A message for you and your families, from All Hallows



Give to others

Research suggests that acts of giving and kindness can help improve your mental wellbeing by:

- creating positive feelings and a sense of reward
- giving you a feeling of purpose and self-worth
- helping you connect with other people

Why not try some of these Random Acts of Kindness this week?...

| Monday   | Tuesday  | Wednesday                             | Thursday  | Friday   |
|--|--|---------------------------------------|---|--|
| Send a What message to someone who might be feeling lonely at the moment | Leave a smiley 'postit' on your doorfor the Postie | Bring your parent a cup of tea in Bed | 8.00pm join in the doorstep clap to show our appreciation for the NHS | Phone a grandparent or relative an tell them how much you are missing them |



*The photo reads...Hello Everyone! We are all missing you so much but we look forward to seeing you all back at All Hallows Catholic College soon. Take care and stay safe. At this difficult time, keep talking to your friends, family and teachers. Saint Oscar Romero, Pray for Us.*