



All Hallows Catholic College

Newsletter - Epiphany Term



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Issue 24

Friday 13th March

Dear Parent / Carer,

I know that some of you are feeling anxious about the possible consequences of Coronavirus both on physical health and on your child's education. We know that the spread and impact of the virus is changing rapidly. The College will continue to monitor the situation and follow closely any changes to the Government's plan: <https://www.gov.uk/government/publications/coronavirus-action-plan>. We will also remain alert to the healthcare information from Public Health England.

The current position is for educational settings to remain open, and All Hallows will adhere to this recommendation, unless advised otherwise. We already have robust processes and procedures, and are ready to put additional measures in place as required. Daily updates from the Department for Education provide advice for schools and colleges, and we will implement any recommendations as they arise.

Our hope and intention is that the College will remain open and that the impact on our students' learning will be minimised. However, in order to be prepared for the eventuality of having to close, either wholly or partially, we will ensure that all subjects have meaningful work set through Show My Homework. As you know, all students should have their own login details and passwords, but if any student is having difficulties accessing the site, then please contact our IT Support Department at itsupport@allhallows.org.uk, and they will be able to reset passwords. All parents and carers should also have their own login details, but if you have misplaced them, then please contact itsupport@allhallows.org.uk, and they will assist you. Our intention is for students to follow their scheduled timetable at home. Therefore, staff will be expected to plan lessons and resources for each lesson and have them on the Show My Homework on a daily basis.

We hope that implementing such plans will not be necessary, but we will endeavour to ensure that any potential disruption to the students' education is minimal. We are also reviewing all trips, events, fixtures and visits and will update as and when decisions are made. At present, this will be on a case by case basis, but as of yesterday the Government advice is that, until further notice, all school overseas trips are cancelled. If your son or daughter is due to go on an overseas trip in the near future, therefore, we will be contacting you separately. As always, prevention is better than cure, and there are general principles that anyone can follow to prevent the spread of the virus, including:

- Washing hands often, with soap and water, or use of a hand sanitiser if handwashing facilities are not available.
- Covering your cough or sneeze with a tissue, then throwing the tissue in a bin – Catch it, Bin it, Kill it.
- Avoiding touching your eyes, nose and mouth with unwashed hands
- Avoiding close contact with people who are unwell
- Cleaning and disinfecting frequently touched surfaces
- Calling NHS 111 if you are worried about your symptoms or those of a friend or a relative. Do not go directly to your GP or other healthcare environment

In the meantime, students should continue to attend College, unless they are displaying coronavirus symptoms of either a high temperature or a new, continuous cough. In which case they should stay at home for 7 days.

Once again, thank you for your active support and involvement in your child's education. If you wish to communicate with me on any issue, please do not hesitate to email me via my PA, Mrs Metheringham, at principalpa@allhallows.org.uk.

Tim Beesley, Principal

Faith in Action Weekly Prayer

Lord, help me
Be prepared, but not anxious.
Be aware, but not desperate.
Be vigilant, but not in fear.
Be joyful, but not clueless.
Be faithful, but not careless.
Lord, be my hope and strength.

Amen

St Oscar Romero

Pray for us



Weekly Assembly

Our assemblies this week celebrated International Women's Day. Members of SLT delivered presentations that talked about gender inequality in wealth, education and the workplace. Students were asked to reflect on gender stereotypes and took away a positive message from the International Women's Day campaign 2020, 'Each for Equal'. This message is that we are all parts of a whole and that our individual actions, conversations, behaviours and mindsets can have an impact on our society. If we work together, we can make change happen and move towards a gender equal world.

There is also a display of relevant books in the library, that students might want to explore.



Core Value of the Week: Honourable Purpose

We have faith in God and each other to act with integrity, 'aspiring not to have more, but to be more.' We show honourable purpose in all we do, taking responsibility for our actions by being reliable, honest, respectful, trust-worthy and telling the truth.

'I have come that you might have life and have it to the full.' John 10:10

Mass for Former All Hallows Headteacher

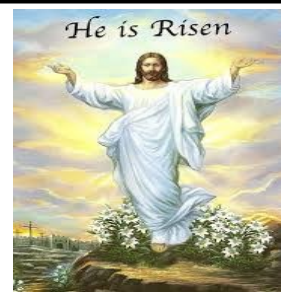
A Mass is being offered for former Headteacher, Mr W Backledge who died late last year. Former colleagues and students are invited to the Mass which will take place at St Alban's Catholic Church, Macclesfield on Saturday 28th March at 12.00 noon.

Term Dates 2020

Easter: Monday 24th February - Friday 3rd April

Whitsun: Monday 20th April—Friday 22nd May

All other term dates can be found on the school website.



Evening Events in the Easter Term

Thursday 26th March—Year 9 Parent Consultation Evening 3.45—7pm

Tuesday 31st March—Year 9 Pathways Evening 7—9.30 pm

Wednesday 1st April—Year 11 Marginals Evening 6 - 8 pm

Form Attendance: Week Ending Friday 6th March

Well done to all!

7 Newman—97.5%

8 Clitherow— 98.6%

9 Newman—96.2%

10 Siena—97.9%

11 Barlow—97.5%

12/13 Newman— 96.3%



HPV Vaccination Forms

The vaccinations took place on Thursday 5th March, but there will be a follow up session (date to be confirmed) for those students who did not have the injections. Permission forms are available on the school website or from the medical room. Forms should be returned, even if students aren't having the injection.

Exam Invigilator Vacancies

We are seeking enthusiastic and motivated individuals to act as exam invigilators for the upcoming busy exam season.

Pay Rate: £8.75 per hour

**You must be available for training on
Wednesday, 25 March 2020 from 9.30 to 11.30 am**

**If you are interested, or need more information, please contact Amy Smith on
01625 410281 or examsofficer@allhallows.org.uk**

BBC Young Reporter 2020

On Thursday 10th March, the library became a buzzing news room, as a group of Year nine students became reporters for the day, as part of the annual BBC Young Reporter event. (See the group picture, below left. Other images are of the students in action). The students, who were nominated by their English teachers to take part, discussed a variety of issues that they felt were important to young people in the current climate, before choosing one to report on. Topics reported on included: a comparison of the UK's education system compared to the system in Finland, addiction to Tick Tock, the impact of the news on the mental health on people and the relevance of school uniform.

Mrs Williams, who coordinates the day, said of the students, 'Once again, our students have proved to be committed and enthusiastic, producing thought provoking reports. Well done to all the students involved.'

Our students talked about the day being, fun, different and they enjoyed learning new skills.



ECO Council News



Bic Community Challenge Update

From just three rooms we collected an entire shopping bag full of pens for recycling as part of the Bic Community Challenge (located at Tytherington High School). This was from just one classroom, the library and the staff room. Imagine how much we could recycle if all classrooms were taking part? Please consider collecting pens and sending them into school to be recycled. The Eco Council will collect them regularly as part of the Challenge. Thank you for your efforts.

Planting Bee Friendly Flowers

We have a group of eco warriors who are keen to help sow seeds, to encourage and support our bee population. More information to follow. This is also something you can also do at home.

Below are some of our students who are planting for the summer, with a selection of plants donated by Tythy Goes Green—the Tytherington Eco Council. Many thanks to them for their generous donation.



Environmental Good Deeds

Students will now be rewarded with achievement points when they complete an environmentally friendly action in school.

Eco Tip: Flight Free

In 2016 airlines carried 3.7 billion passengers. This is set to rise to more than 8 billion by 2035. At the same time, climate scientists are warning that we have less than 12 years to make a significant reduction in our emissions in order to avoid catastrophic climate change. Flying less is one of the best ways to reduce your carbon footprint. Could you pledge to be flight free in 2020? https://flightfree.co.uk/take_action/



6th Form News

Maths Visit to Manchester University

This week a group of year 12 students to Manchester University to attend a 'Mechanics Problem Solving' event. Students had a lot of fun and worked hard, applying their knowledge of maths and mechanics to a number of real life scenarios, including Felix Baumgartner's free fall 'space jump' record from 2012. Students also explored how mathematicians can use modelling to help solve real world problems and gained an insight into study at University level.



Year 13 Mocks

Year 13 Mocks will take place week commencing the 16 March. Parents and students should work together on revision in some of the following ways:

Revise in a 'public' area at home or leave the bedroom door open

Revise away from phones and the internet

Get organised and set up a revision timetable covering all three subjects

Test yourself regularly—maybe with a 'study buddy'

Use a variety of methods, mind maps, flash cards, past paper questions

Stationery, including revision cards and sticky notes are available from the AH stationery shop in the library break 1 every day.

There are also a selection of revision guides in the library and students can also suggest resources that can then be ordered in, ready for the upcoming exam season.

Apprenticeships

Lots of apprenticeship opportunities are live for year 13 at the moment following National Apprenticeship week. You can use Unifrog to access them and on the National Apprenticeship website. Lots of big companies like Astra Zeneca and Siemens will close soon.

Manchester Metropolitan University recommended using their website for degree apprenticeships: log onto <https://www2.mmu.ac.uk/apprenticeships/> for more information.

Girl's Sport

RESULTS

| Sport / Year | Opposition (Home / Away) | Win / Loss (Score) | Person of the match / Other Commentary |
|---------------------|--------------------------|--|---|
| Year 7 – 10 Netball | Eaton Bank High School | Year 7 A won 26 - 3 Year 7 B won 8 - 0 Year 8 Lost 9 - 10 Year 9 Lost 12 - 15 Year 10 Lost 19 - 26 | <p>What a great start to the second half of the season. The Year 7 team have shown what they have learnt by attending training all through the winter months they are truly dedicated and should be very proud of themselves.</p> <p>The year 8 team were 4 – 0 down at half time and did a tremendous job pulling it back to a one goal deficit, which was scored in the last second. The girls showed massive resilience and belief to catch up and close that gap.</p> <p>Year 9 did well, considering none of them have been to a training session since the last round of matches and a brave year 8 student stood up to take the 7th position. They were a credit to themselves, digging deep and getting the result that they got, despite it not being a win.</p> <p>Year 10 had 3 new players that were drafted (bribed or convinced) by fellow team mates to play, due to injuries in their squad. Massive thank you to them and they are more than welcome to come and help each week. It's always lovely to see new faces come down and be part of the team.</p> <p>Players of the match nominated by Eaton Bank were: 7A – Lizzy Pugh 7B – Jess Chadwick 8 – Orla Baxter 9 – Charlotte Moran 10 – Francesca Federico</p> |

UPCOMING FIXTURES

| Sport /Year | Opposition (Home / Away) | Date | Other information |
|-----------------------|--------------------------|------------------------|--|
| | Poynton High School | 11 th March | This match will be played at All Hallows and will start as soon as the opposing team get to us. The year 8, 9 and 10 students will play first and the year 7s will play second. Parents are welcome to come and support. |
| | Knutsford High School | 18 th March | This match will be played at All Hallows and will start as soon as the opposing team get to us. The year 8, 9 and 10 students will play first and the year 7s will play second. Parents are welcome to come and support. |
| | Macc Academy | 1st April | This match will be played at Macclesfield Academy and we will walk over when the girls are changed. Parents are welcome to come and support. |
| All years Rounders | | | Fixtures are currently being arranged with the local schools for the rounders matches this summer. These will be published as soon as we have them and get ready for the practices next term. |
| Athletics year 8 - 11 | | 29 th April | This is the Macclesfield and district athletics championship. |

BOYS' SPORT

RESULTS

| SPORT / YEAR GROUP | OPPOSITION (& H/A) | AHCC WIN / LOSS & SCORE | MAN OF MATCH / OTHER COMMENTARY |
|--------------------|--------------------------|-------------------------|---|
| Year 10 Handball | Wilmslow High School (A) | AHCC lost 10 - 6 | <p>Congratulations to the year 10 students that took part in their first Handball fixture for the school. The boys did an amazing job, learning plenty about the game along the way. The game was very fast paced and physical, with some outstanding goals scored by both teams.</p> <p>Special mention to Matthew Farrow in goal for making plenty of top-quality saves.</p> <p>MoM Josh Evenden – For his endless work rate and physical defensive display.</p> |

UPCOMING FIXTURES

| SPORT / YEAR GROUP | OPPOSITION (& H/A) | DATE | OTHER COMMENTARY IF APPLICABLE |
|---------------------|--------------------------------------|----------|--------------------------------|
| Year 8&9 Basketball | Cheshire and Warrington School Games | 17/03/20 | |
| Year 10 Handball | Cheshire and Warrington School Games | 19/03/20 | |
| Year 7 Football | Macclesfield Academy (H) | 25/03/20 | |

Other News



Well done to the Y7 Indoor athletics team who won a recent district competition and went on to represent Macclesfield in the county finals this week. The County Championships took place at the Ellesmere Port Sports Village on Monday March 9th. The boys performed really well and finished 4th overall which is a fantastic achievement! The team consisted of Freddie Thompson, Toby Cobby, Joe Beecroft, Oli Clayton, Jake Rowley, Caelan Ainscough and Will Jones. Well done lads!

Please note that if your son/daughter is to be excused from PE due to not feeling well, injury or anything else of this nature that they MUST bring a written note from home along with their PE kit and get changed. They will participate in the lesson as a coach, timer, and scorer or help in whatever way they can as part of the lesson. The only exception would be if their arm or leg were in a cast in which would make it extremely difficult to get changed in the appropriate time scales.

PLEASE DO SEE THE EXTRA CURRICULAR TIMETABLE FOR THE CLUBS THAT ARE PUT ON DURING THE DAY AND AFTER SCHOOL. SOME ACTIVITIES HAVE CHANGED THIS HALF TERM AS WE HAVE NO NETBALL MATCHES. THERE IS STILL ONE NETBALL NIGHT FOR ALL YEAR GROUPS, WE HAVE INCLUDED A GYMNASTICS SESSION AFTER SCHOOL AND A RUNNING CLUB AFTER SCHOOL.

PE Extracurricular Timetable

| Out of School Hours Learning | Lunch Time 1.35 - 2.10pm (Break 2) | | | After school 3.15pm - 4.15pm | | | | | |
|------------------------------|---------------------------------------|---|--|---------------------------------|---------------------------------------|--|---|--|-------------------------------|
| Venue | Fitness suite | Sports Hall | 3G Astroturf | Grass Pitch | Netball Courts | 3G Astroturf | | Sports Hall | Fitness suite |
| MON | All Years Boys & Girls JM | | Football Lunch Club Break 1 – 7&8 Break 2 – 9-11 | Boys Football Y7 JM | Girls Netball All Years LCG/KAT | Girls Football All Years BM | Football Academy & Invitation Y12/13 | | |
| TUES | | Basketball All Years Girls & Boys SIV | Football Lunch Club Break 1 – 7&8 Break 2 – 9-11 | Boys Rugby Y7-8 SIV | | | | | All Years Boys & Girls KAT |
| WED | | Girls Netball Y 7/8 LCG/KAT | Football Lunch Club Break 1 – 7&8 Break 2 – 9-11 | Boys Rugby Y9-10 SIV | | Football Academy & Invitation Seniors (fixtures) Y12/13 | | Trampolining All Years LCG | |
| THUR | All Years Boys & Girls LCG | Girls Basketball KAT | Football Lunch Club Break 1 – 7&8 Break 2 – 9-11 | | | Boys Football Y8 BM | Boys Football Y9 JM | Basketball Girls & Boys Y7 - 9 SL | All Years Boys & Girls LCG |
| FRI | All Years Boys & Girls BM | | Football Lunch Club Break 1 – 7&8 Break 2 – 9-11 | | | Boys football Y10 SJL | Boys football Y11 SL | Basketball Y10 & 11 SIV | |

LIBRARY NEWS

Opening Hours

Monday – Thursday 8.15am – 5pm

Friday 8.15 am – 4pm

Borrowing Books

Years 7 – 11 2 books 2 weeks

Years 12 & 13 3 books 3 weeks

Please return books on time! Items can always be renewed up to 3 times, at the Library desk.

Stationery Shop

Our students are now able to purchase pens and other stationery items break 1 daily, from the Library . This means that all students can be prepared for learning with the correct equipment.

Price List

Black/blue biro – 2p each

Pencil – 2p each

Eraser – 2p each

Pencil sharpener – 2p each

15 cm ruler – 10p each

Highlighter – 20p each

(Pink, orange or yellow)

Clear pencil case – 50p each

(Blue, red or black – suitable for exams)

A4 punched pocket – 1p each

Flashcards – 1p each

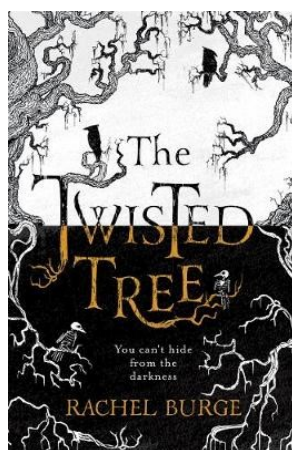
(White, pink, blue, green or yellow)

A5 spiral bound notebook - £1 each

(Purple, orange, blue, green or pink)

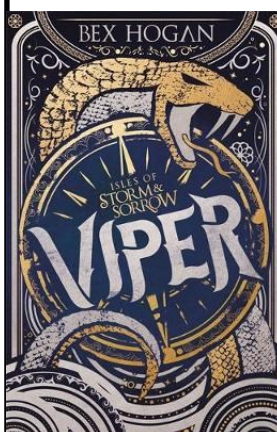
Cheshire Schools' Book Award Update

Students and staff are still busy reading the shortlist for this annual countywide award. So far, our most popular novels are:



'Part ghost story, part Nordic mystery - a creepy and chilling tale steeped in Norse myth. Martha can tell things about a person just by touching their clothes, as if their emotions and memories have been absorbed into the material. It started the day she fell from the tree at her grandma's cabin and became blind in one eye. Determined to understand her strange ability, Martha sets off to visit her grandmother, Mormor - only to discover Mormor is dead, a peculiar boy is in her cabin and a terrifying creature is on the loose. Then the spinning wheel starts creaking, books move around and terror creeps in . . .

Set in the remote snows of contemporary Norway, THE TWISTED TREE is a ghost story that twists and turns - and never takes you quite where you'd expect.'



He will make me a killer.
Or he will have me killed.
That is my destiny.

Marianne has been training to be the Viper for her entire life - to serve and protect the King and the citizens of The Twelve Isles - but to become the Viper and protect the islands she loves she must find the strength to defeat her father.

A brave heroine. An impossible dilemma. An epic new fantasy trilogy set on the high seas.

Overdue Books

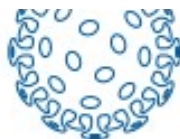
A big thank you to all students who return their books on time! If students can make sure that they check the date label, inside their borrowed



books, to see when their books are due back. library, or see Ms Sinclair to renew the item(s). for a further two week loan.



Public Health
England



Advice on the coronavirus for places of education

How serious is the coronavirus?

- It can cause flu-like symptoms, including fever, cough & difficulty breathing
- the infection is not serious for most people, including children
- there is currently no vaccine
- most people get better with enough rest, water to drink and medicine for pain

How likely are you to catch the virus?

- you can only catch it if you have been close to a person who has the virus
- the chance of being in contact with the virus is currently low in the UK
- if you have travelled to areas where many people are infected, your chance of catching the virus is higher, i.e. China and any affected areas

How can you stop coronaviruses spreading?

If you need to cough or sneeze



Catch it
with a tissue



Bin it



Kill it
by washing
your hands with
soap & water or
hand sanitiser

You should wash hands with soap & water or hand sanitiser



After breaks
& sport
activities



Before
cooking
& eating



On arrival at
any childcare
or educational
setting



After using
the toilet



Before
leaving
home



Try not to touch your
eyes, nose, and mouth
with unwashed hands



Do not share items that come
into contact with your mouth
such as cups & bottles



If unwell do not share items
such as bedding, dishes,
pencils & towels



Stop germs spreading with our e-Bug resources on hand and respiratory hygiene lesson plans for KS1, 2 and 3: campaignresources.phe.gov.uk/schools

What should you do if you feel unwell?

Keep away from others and stay at home to stop the infection spreading. Avoid public transport if you think you have symptoms of coronavirus. If you become unwell at a place of education, tell a member of staff and let them know if you have travelled to any other countries in the last 14 days.

If your staff member or parent thinks you have symptoms of coronavirus, they should call **NHS 111** for advice. Follow the UK Government advice for childcare or educational settings gov.uk/government/publications/guidance-to-educational-settings-about-covid-19. Parents can visit **NHS.UK** to find out more information. Teachers and support staff should follow the UK Government advice.

Staff, students and pupils who have returned from Iran, specific lockdown areas in northern Italy, special care zones in South Korea or Hubei province China (returned in the past 14 days) should self isolate, and NOT attend education or work for 14 days.

See **NHS.UK** for advice on coronavirus.

If there is an emergency, call 999 immediately



CD TENNIS



Easter Tennis Camp 2020

Camp will take place at South Park CTC, Park Grove, Macclesfield SK11 8AD.

Dates

14th and 15th April

Cost of Camps

1 day £30.00 2 days £50.00

Details

Camps run by LTA Qualified and Registered Coaches

All Camps run 10am to 3pm daily

Players need to bring sports clothing for all weathers, a packed lunch and drinks.

If you require confirmation please enclose a SAE

**Junior Tennis Camp for 6
to 16 year olds of all
standards from complete
beginner to club team
level**

**Prizes for competition
winners**

For further details:

**Tel. 07802 699141 or
dannycdtennis@aol.co.uk**

Online Safety Information for Parents

As part of their Wake-Up Wednesday campaign, please see the latest poster below from the National Online Safety campaign. Log onto the following website for further information, <https://nationalonlinesafety.com/resources/wake-up-wednesday/>

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one platform of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.



Omegle is a website that pairs random strangers for live text or video chats. It first launched in 2009 and its slogan is "Talk to strangers!" There is an option for adult (18+) content and a section for people aged 13+ with parental permission. Anyone can use the site. Users simply go to Omegle.com and then choose 'Text' or 'Video' chat and the page states how many users are currently online. Depending on the time of day this can be hundreds of thousands. Omegle markets itself as a great way to meet new friends however has been known to feature pornography and inappropriate content within chats, so it's important parents are aware of the risks associated with the site.



What parents need to know about

OMEGLE



NO AGE VERIFICATION MEASURES

Omegle is completely free to use and allows users to communicate with others without the need to register, supply an email address or create a profile. This means users can remain anonymous and it's hard to trust who your children are talking to. Furthermore, there are no age verification measures and other than agreeing to the terms and conditions, your child can easily start online engagement with strangers and potentially access more adult themed content.



RISK OF CYBERBULLYING

The anonymity of Omegle can increase the risk of cyberbullying on the site. Engaging in chat with strangers means that topics of conversation can lead almost anywhere including discussions about looks, body image or the sharing of other personal information. With the availability of video chat as well, this could lead to children being coerced or forced into carrying out activities online which could then be used against them.



UNMODERATED CHAT

Omegle encourages video chat as much as it can, prompting users during their text chat to activate their web cam. Whilst text chat has a degree of moderation, the content in Omegle's video chat rooms is not moderated by administrators and, at any time of the day, there can be thousands of users online. This means that your child could easily come across illegal, unacceptable or inappropriate images or media. Omegle currently offers no function for reporting online abuse or inappropriate behaviour on its site and instead only offers advice to 'please be careful. It also advises to 'Use Omegle at your own peril. Disconnect if anyone makes you feel uncomfortable.'

18+

PRIVACY RISK VIA FACEBOOK

Omegle can be linked to a user's Facebook account to match their interests and likes with other users. This means that Omegle can access your child's basic Facebook information, and Facebook friends may potentially view Omegle activity. In addition, users can save the chat log and share the link without the other user's knowledge. It is not uncommon then for users to request being added to Snapchat, Instagram or WhatsApp for further interaction, moving the conversation into a more personal setting.



RISK OF EXPLOITATION

Omegle chat picks another user at random and there is very little way of verifying who your child may be chatting to. This can lead to a number of risks including catfishing (users pretending to be of similar age), identity theft (users eliciting information to commit fraud) and sexual/psychological grooming (users coercing others to act in a way or do something they wouldn't normally do).



ADULT THEMED CONTENT

Unfortunately, Omegle is infamous for its pornographic content and it is not uncommon for users to expose themselves or engage in sexual acts. If a user selects video chat, then the other user's webcam will automatically be switched on before the action to 'end chat' can be selected. There is also no 'preview' in smaller thumbnail windows. As video chat is so easy to access, it means that unintentionally viewing more mature, inappropriate or even illegal images can't always be avoided.

18+



Safety Tips For Parents



DISCUSS RISKS WITH YOUR CHILD

It is important to speak to your child about the dangers of Omegle. Guiding and educating young children is far more useful than ignoring the possibility of Omegle being accessed. Explain to your child that Omegle is not completely anonymous and that other users will and do use Omegle to exploit others. Try to emphasise the risk of speaking to strangers and that engaging online is no different to engaging offline.



PROTECT PERSONAL INFORMATION

Omegle does not provide advice about how to protect your personal information so it's important that children are aware of what they should and shouldn't share online and with whom. If they use Omegle, always advise against sharing any personal information such as their real name, age, phone number, address or any other personal identifiable information. This also includes details of their social media accounts or gaming ID's. You should also adjust your child's Facebook settings to control what information is shared with Omegle.



REPORT CONCERNS

If your child comes across any inappropriate content or something which upsets them on Omegle, then it's important that they are able to discuss it with you and that you provide them with the support they need. If you think the content is illegal, then it must be reported to the police.



DISCOURAGE VIDEO CHAT

Try to discourage your child from using video chat on Omegle. Not only is there no filters or moderation in place, but children may be coerced into sharing intimate images or videos of themselves, which is illegal if they are under 18 and may be used against them. Omegle text chat has a degree of moderation controlled by Omegle through software and several actual moderators. The software moderates, identifies and prevents certain words and sequences of words to try and prevent bullying and grooming however is still not a 100% failsafe.



TRY OMEGLE YOURSELF

It's always an excellent idea to get a feel for the website or app your child is using so that you can see and understand the issues and risks for yourself. More importantly, it will also provide you with first-hand experience of the risks and dangers if/when you decide to speak to your child about Omegle and what they need to be aware of.



USE PARENTAL CONTROLS

Omegle is a website chat service. Children can only access the text chat on their phone and would need access to a PC or laptop to engage in video chat. If you have genuine concerns over Omegle and don't wish your child to access the site, you can add www.omegle.com to the list of banned websites and URLs. However, it's important to remember that Omegle can still be used via a web browser on an iPad, tablet, smart TV or gaming device and similar controls would need to be implemented on each of these devices separately.



Meet our expert

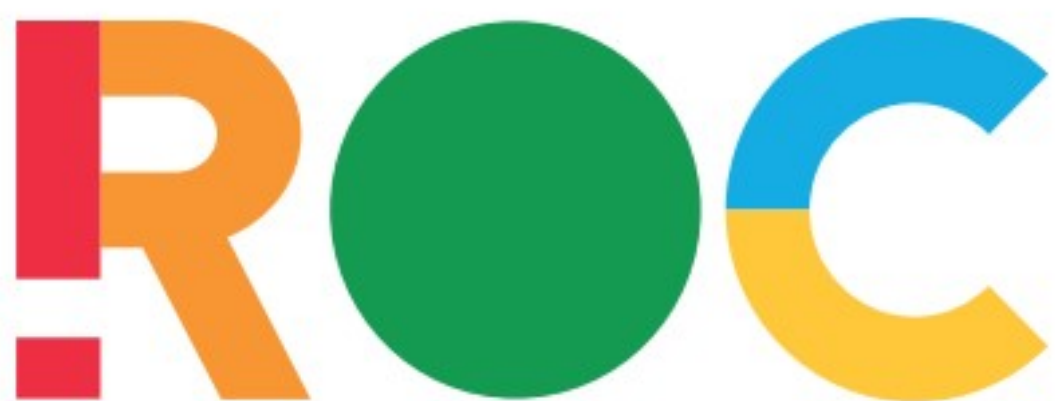
Jonathan Taylor is an online safety expert and former Covert Internet Investigator for the Metropolitan Police. He is a specialist in online grooming and exploitation and has worked extensively with both UK and international schools in delivering training and guidance around the latest online dangers, social media apps and platforms.



SOURCE: <http://www.omegle.com>

www.nationalonlinesafety.com Twitter - @natonlinesafety Facebook - /NationalOnlineSafety Instagram - @nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 11.03.2020



CONVERSATION **MACCLESFIELD**

What will make a difference in
your community?

DATE:
MONDAY
23RD
MARCH
7PM - 9PM

REGISTER:
[www.roc.uk.com/
macclesfield](http://www.roc.uk.com/macclesfield)
OR CALL:
0161 393 4511

ADDRESS:
Holy Trinity Hurdsfield
197a Hurdsfield Road
Hurdsfield
Macclesfield
SK10 2PX

Come and meet with others from your local community including police, fire and ambulance services, the local council, community and faith based groups to discuss ways of working together for the good of your community. If you live, work or volunteer in Macclesfield you are welcome to join the Conversation.

Time with friends



Help with Money



Living choices



A Job to enjoy



Future learning



Health living



Enjoying life



**Thinking Ahead...
Because It's Your Future!**

Drop in event for all young people with educational needs from
Age 12 years and above with their families – no need to book!

SAVE THE DATE!

It is never too early to start thinking about what you might like to do in the future.
This event will help you start thinking about what matters to you and help you find out all
about what is available.

When:- Thursday 26th March 2020 12.30-3.30pm and 5.30-7.30pm

Where:- Crewe Alexandra Football Club, Gresty Road, Crewe, CW2 6EB

When:- Thursday 2nd April 2020 12.30-3.30pm and 5.30-7.30pm

Where:- Macclesfield Town Hall, Macclesfield, Cheshire, SK10 1EA.

Any questions please contact Youth Support Service: -

Crewe event – susan.fortune@cheshireeast.gov.uk Crewe 01270 686923.

Macclesfield event - Rachael.Pickles@cheshireeast.gov.uk Macclesfield 01625 384320



Organised by Cheshire East Council and Cheshire East Parent
Carer Forum



XCell Youth Group

Open to everyone at secondary school (ages 11+)

for fun, friends and tuck!

St Patrick's Games Night

Friday 27th March, 7-9pm,

St Alban's Parish Centre (opposite the church)



Shamrock Scramble, Irish Trivia, Pot of Gold Relay and Kiss the Blarney Stone



And, of course pool, table tennis, Twister and air hockey.

Come and join the fun!

Bring your friends, meet up with old friends and make new friends.

Bring £1 entry & some money for tuck.

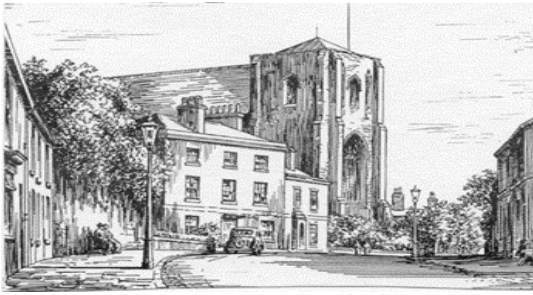
Next meetings:

1 May - Games in St Alban's Parish Centre

5 June - BBQ & outdoor games at Gawsworth Park

For more information, contact:

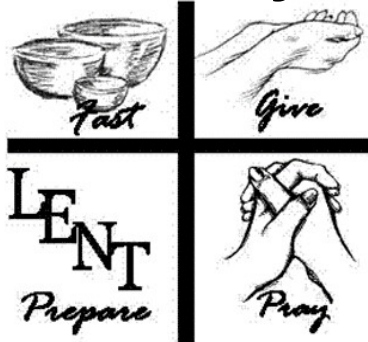
Anna & Greg Hughes 01625 614406 or
xcellyouthgroup@gmail.com



St Alban's Catholic Church

Chester Road, Macclesfield, SK11 8DJ
01625 423446 stalbanmacc@aol.com
www.stalbanmacc.org.uk

Lent Diary 2020



*Lenten Alms Charity:
Medical Aid for Palestinians
www.map.org.uk*

You are very welcome to join us

Lent is a time of prayer, fasting and almsgiving. These are Lenten practices that all have a very real spiritual significance. They are an expression of the desire to be united with Christ, who emptied himself so

The following are in addition to the usual Masses and Services

Saturday 14th March

After 6:30pm Mass

Passover Meal (sign up in the Church porch)

Sunday 15th March

THIRD SUNDAY OF LENT

4.00pm

The Way of the Cross

Monday 16th March

9.30am

Mass followed by Exposition

Tuesday 17th March

9.30am

Mass followed by Exposition

Wednesday 18th March

1.00pm

Mass in Hospital Chapel

6.00 – 7.00pm

Exposition

7.00pm

Mass in Church & Way of the Cross (2 Stations)

7.30pm

Rosary for Peace

Thursday 19th March

9.30am

Mass followed by Exposition

Friday 20th March

12 midday

Lenten Lunches after midday Mass

Saturday 21st March

10.00am First Forgiveness Celebration

Sunday 22nd March**FOURTH SUNDAY OF LENT** (*Mothering Sunday*)

9:30am Anointing of the Sick

11.00am Anointing of the Sick

4.00pm The Way of the Cross

6.30pm Anointing of the Sick

Monday 23rd March

9.30am Mass followed by Exposition

Tuesday 24th March

9.30am Mass followed by Exposition

Wednesday 25th March

1.00pm Mass in Hospital Chapel

6.00 – 7.00pm Exposition

7.00pm Mass in Church & Way of the Cross (2 Stations)

7.30pm Rosary for Peace

Thursday 26th March

9.30am Mass followed by Exposition

Friday 27th March

12 midday Lenten Lunches after midday Mass

Sunday 29th March**FIFTH SUNDAY OF LENT**

4.00pm The Way of the Cross

7.30pm Healing Service after 6:30pm Mass

Monday 30th March

9.30am Mass followed by Exposition

7.00pm PENITENTIAL MASS, St Alban's, Macclesfield

Tuesday 31st March

9.30am Mass followed by Exposition

7.30pm Penitential Mass, St Paul's, Poynton

Wednesday 1st April

1.00pm Mass in Hospital Chapel

6.00 – 7.00pm Exposition

7.00pm Mass in Church & Way of the Cross (2 Stations)

7.30pm Rosary for Peace

Thursday 2nd April

9.30am Mass in Church followed by Exposition

Friday 3rd April

12 midday Lenten Lunches after midday Mass

HOLY WEEK: *No Sacrament of Reconciliation on Thursday, Friday or Saturday*

Sunday 5th April

4.00pm

6.30pm

Monday 6th April

9.30am

Tuesday 7th April

9.30am

Wednesday 8th April

7.00pm

Thursday 9th April

7.30pm

11.00 - 12.00 midnight

Friday 10th April

11.00am

3.00pm

7.30pm

Saturday 11th April

10.00am

8.00pm

Sunday 12th April

Monday 13th April

9.30am

Sunday 19th April

PASSION (PALM) SUNDAY

The Way of the Cross

Youth Mass led by Confirmation Group

Mass followed by Exposition

Mass followed by Exposition

CHRISM MASS – St Michael & All Angels, Woodchurch, CH49 5LE

HOLY THURSDAY

Mass of the Last Supper followed by Watching until midnight

Holy Hour

GOOD FRIDAY

Children's Way of the Cross

Passion and Veneration of the Cross

At St Gregory's: Way of the Cross led by Confirmation Group

HOLY SATURDAY

Polish Food Blessing in church

Easter Vigil Mass

EASTER SUNDAY: Masses at 9.30am, 11.00am & 6.30pm

EASTER MONDAY

Mass followed by Parish Ramble

Divine Mercy Sunday: 11.00am Mass: Exposition & Chaplet



PARENT CARER COFFEE MORNING



[This Photo](#) by Un-

the
welcome



THE WELCOME, 147 LONGRIDGE, KNUTSFORD, WA16 8PD 01565 750905

Do you care for a child or young person with
Autism or ADHD?

IF YES, THEN COME AND JOIN US AT THE
WELCOME CAFÉ ON LONGRIDGE, KNUTSFORD ON THE 2ND
FRIDAY OF EVERY MONTH (EXC. AUGUST)
09.30-11.30 AM



WE OFTEN INVITE OTHER AGENCIES AND
PROFESSIONALS FROM
AROUND CHESHIRE/CHESHIRE EAST



Find us on facebook – @knutspccf

Any questions please contact The Welcome 01565 750905 or Kayla on
msellers@live.co.uk