

YEAR 8

Week 7



Message from Miss Wood:

Hello everyone! Wow, what a gloriously sunny half term break we had! I hope you and your families all had a lovely time together enjoying the weather. I've been out for walks every day, finding new routes and exploring the peak district. I've also been in the garden looking after my plants. I've added some photos to show you an update. My salad leaves and broccoli are doing well! I need to try my hardest to not kill them off now! Keep me updated with how your sunflowers are getting along!

I'm definitely missing being in school and seeing all of you each day. It feels a little bit like a rollercoaster at the moment. Most days are great but some days are challenging or tiring. But what we need to remember is that we are all on this ride together and when we get off, it may be a little different to what we were used to but we as a Community we will be exactly the same, supporting each other. Please do get in touch as always, if you have any questions, worries or just to say hello. I'd love to hear from you!

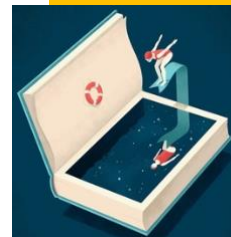


Home Learning Updates:

It's a fresh week! The sun is continuing to shine which may challenge you to stay on track of your work. This week will be key to ensuring that you stick to a **routine** and allow yourself **breaks**. Go **outside** in the garden, take some exercise or outside games in between completing your 3 tasks per day. Try not to stay inside all day. It's important that you keep up with your **3 lessons per day** and **submit** these as soon as you have completed them, at the latest by the end of the 'catch up' day on Friday. If anyone has any successful timetables/ routines that they would like to **share** to help others, please do send them to me. Like you would in school, let's continue to help each other out!

Please keep sharing what you are all getting up to. I'd love to hear about what you did over your half term. Either via SMH or email to g.wood@allhallows.org.uk

Your Form Tutors have all been in contact with you all as a form via Show My Homework. If you have not already done so, please do respond to let your Form Tutor know how you are getting on. If you are unsure how to do this, please email me instead. We will pop you a phone call home if we don't hear back from you to check in.



Miss McKillop wants to remind everyone about the benefits of reading. Not only does it help your learning by keeping your brain active and improve your reading skills but it allows you to switch off and 'dive in' to your imagination, taking you to a whole new place. Reading is the key skill that you will need and take with you throughout your life. Get in touch to let us know what book you are reading...

Alice in Wonderland is one of the free audiobooks on Audible stories at the moment and it's read by Scarlet Johansson. (And one of my faves!)

Prayer of the week

This week marks **Pentecost**, the Birthday of the Christian church. We remember the time when the Apostles filled with fear went into a period of isolation but filled with the Holy Spirit found the comfort and strength to emerge into a different world ...

Lord God, you are always with me.

You are with me in the day and in the night.

You are with me when I'm happy and when I'm sad.

You are with me when I'm healthy and when I am ill.

You are with me when I am peaceful and when I am worried.

Today I am feeling (name how you are feeling) because (reasons you are feeling this way).

Help me to remember that you love me and are with me in everything today.



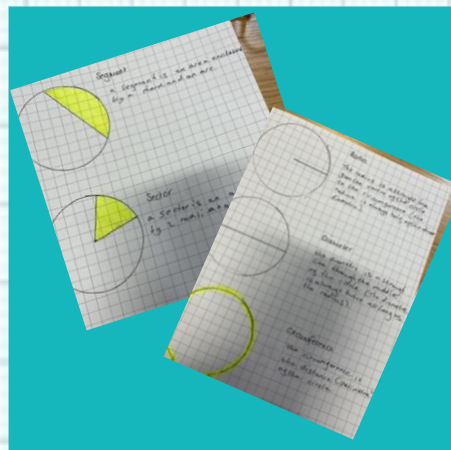
Subject Achievements

Subject: P.E



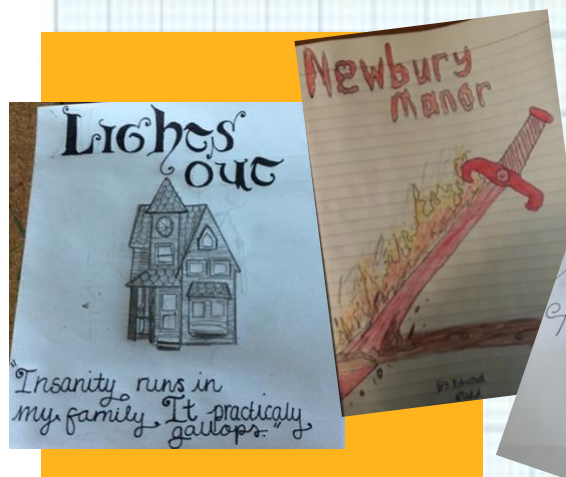
Sam G showing us how it's done taking on Mr Lee's tennis lesson.

Subject: Maths



Excellent Maths work from Teagan S!

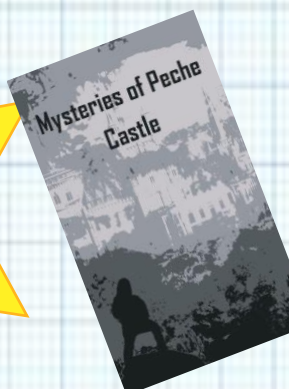
Subject: English



Superb work from Maddie B, Edward N, Josh Q, Niamh K and Leila M for your Gothic book covers which you designed for your own stories as part of your Gothic Literature project. Well done!

Star of the Week

Reuben



Well done to Reuben for your continued hard work. You've produced a collection of excellent work showing great effort and hard work, including this superb Gothic cover for English! Keep it up!

AHCC Challenge

Check out this week's NEW challenges!

Please find the challenges on the school website under the 'working from home' link.

If you've managed to complete all or any of the challenges, please email evidence in to: challengeAHCC@allhallows.org.uk

Or email me on:

g.wood@allhallows.org.uk

Good News



The Nelson-Atkins Museum of Art recently held a field trip, but not of the normal kind. A group of penguins were let in to wander through the gallery's empty rooms and they couldn't keep their eyes off the paintings!



Subject: Art

Subject: Design

Looking after your mental well-being



Phone: 01625 665079
Text: 07718425405
Email: hello@justdropin.co.uk

Kohta has been experimenting with creating mark making tools in the ADT challenge this week. Well done!

This is a thank you to our wonderful Miss Barton (8N From Tutor) for designing our new banner outside school!



TAKING CARE OF YOUR MENTAL WELL-BEING

Healthy body,
Healthy mind...

In our last blog before half term, I discussed the importance of getting outside and set you the challenge of going on a nature walk. With the sun shining this week, I hope you have managed to get outside and move your body. Movement is key to helping not only your physical body but your mind too.

Are you missing football whether it's on the TV or on the 3G pitch? If so I'm sure many of you will be pleased that the German League has resumed... piping the noise of the crowds into the empty stadium isn't quite as good as the real thing but it's better than nothing. Remember the rules on lockdown have changed and you can now exercise with a person from outside your own household providing you can maintain a 2m distance... Exercise is known to help manage low mood, anxiety, stress as well as help you maintain a positive outlook... why not give it a go this week? Join one of the PE challenges or one of Miss Gowing's fitness sessions.

Be proactive with looking after yourself. Here's a great way of ensuring you are giving yourself some chill time alongside your home learning. I especially like the idea of sending a thank you message. Putting a smile on someone else's face, whilst making you feel good too!



Wellbeing Bingo!

@missgeorg2

 Listen to music	 Play a game	 Get some fresh air
 Watch a Disney movie	 Clean your room	 Quiz with family or friends
 Send a thank you message	 Read a book	 Make someone smile

Alongside your daily staples of completing your home learning and keeping active, how many wellbeing activities can you complete today?

Can you get a full house?!



Stay safe, and stay at home ☺